# collège le Parmelan
## Sem 46 - RESTAURATION - Déjeuner

| Semaine 46 | Gluten | Crustacés | Œufs | Poisson | Soja | Lait | F. à coques | Céleri | Moutarde | Sésame | Sulfite | Lupin | Mollusques | Arachides |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **09/11/2026** | | | | | | | | | | | | | | |
| SALADE BAR | | | | | | | | | X | | X | | | |
| PUREE DE COURGE | | | | | | X | | X | | | | | | |
| **10/11/2026** | | | | | | | | | | | | | | |
| TARTIFLETTE MAISON | | | | | | X | | | | | X | | | |
| SALADE VERTE | | | | | | | | | X | | X | | | |
| YAOURT FERMIER | | | | | | X | | | | | | | | |
| **12/11/2026** | | | | | | | | | | | | | | |
| SAUCE COCO / CITRONNELLE | | X | X | X | | X | | X | | | | | X | |
| POISSON PANÉ CORN FLAKES | X | | | X | | | | | X | | | | | |
| RIZ PARFUMÉ | | | | | | X | | | | | | | | |
| BRIE | | | | | | X | | | | | | | | |
| BEIGNET CHOCOLAT NOISETTE | X | | X | | X | X | X | | | | | | | |
| **13/11/2026** | | | | | | | | | | | | | | |
| SAUCE AURORE TWISTÉE | X | | | | | X | | | | | | | | |